



**57 MILLION AMERICANS ARE
ON THE BRINK OF DIABETES.**

**LAB TESTS CAN
PULL THEM BACK.**

Doctors call it pre-diabetes — high blood glucose levels that often lead to full-blown diabetes. It raises your chances of heart disease by 50 percent. It costs \$25 billion per year.

But lab tests can help you get a grip on pre-diabetes. The HbA1c test is quick and easy, and does not require fasting. The early warning it provides can lead to lifestyle changes that alone have been shown to cut the risk of diabetes by 58%. Maybe that's why the American Diabetes Association just recommended this test for detecting both diabetes and pre-diabetes.



For information about the value of laboratory medicine:
www.labresultsforlife.org | 202.637.9466